



PAUL FLYNN

FOODIE CAMINO

9th – 16th MAY 2020



CANARIA
WAYS.COM 

FRANCIGENA 
WAYS.COM

IRELAND 
WAYS.COM

CAMINO
WAYS.COM 



CAMINO DE SANTIAGO, A JOURNEY FOR THE SOUL

For over 1000 years, pilgrims from all over the world have walked the Camino Ways across Europe in their quest for spirituality. Making their pilgrimage to Santiago de Compostela in Spain, they encountered a variety of people, cultures, beliefs, leading to friendship and new experiences. More than a walk, the Camino de Santiago is an unforgettable and unique journey.



The Camino Frances, Camino Portuguese coastal and the Camino Finisterre are the most famous routes but there are many more wonderful ways from France and Spain. Other alternatives include cycling on the Camino, Camino guided and the pilgrim way to Rome Via Francigena...

**LET US TAKE YOU ON
A TRIP OF A LIFETIME.**

CAMINO
WAYS.COM



PAUL FLYNN

FOODIE

CAMINO

9th – 16th MAY 2020



Paul has walked the Camino twice and fallen in love with the region, its people and its food. This time, he will be tackling the Camino Espiritual, in Galicia, and discovering the region's famous gastronomy along the way.

This is a very special tour with only 14 places available to join Paul so get in touch with our groups team if you are interested.



1 VIGO · DAY 1 · MAY 09TH



Arrival: Transfer from Santiago airport to Vigo Hotel. Meeting with the guide in the hotel.



Activity: Indulge tour: A foodie tour of Vigo Old Quarter and historical sites, combined with cooking workshop.



Accommodation: 4-star
Hotel Bahia de Vigo - Superior
Collection

2 REDONDELA · DAY 2 · MAY 10TH



Walking Stage:
Walk from Vigo to Redondela (15km)

The group will start their walk on the Coastal Camino route from the city of Vigo with great views of the bay to your left. Today is quite a short walking day you can enjoy a relaxed pace. Your destination is the market town of Redondela where you will be picked up and transferred to Pontevedra.

- 30 min transfer to Parador de Pontevedra
- Dinner at Parador de Pontevedra



Accommodation: 4-star
Parador de Pontevedra - Superior
Collection

3 PONTEVEDRA · DAY 3 · MAY 11TH



Transfer from Parador de Pontevedra back to trail in Redondela.



Walking Stage: Walk from Redondela to Pontevedra (20km)

Today the group has another relatively short walking day ahead, from Redondela town to the city of Pontevedra, passing the villages of Arcade (famous for its oysters) where you can stop for lunch and Pontesampaio.

You will have time to explore the pretty old town in Pontevedra, with its many Romanesque churches and quaint granite squares and cobbled streets. We have also organised a 10 course tasting dinner in the city so you can sample the best of Galician cuisine.

- Stop for lunch in Arcade-10 course tasting dinner in Pontevedra city



Accommodation: 4-star
Parador de Pontevedra -
Superior Collection





4 **CAROI/VILAR** · DAY 4 · MAY 12TH

 **Walking Stage:** Walk from Pontevedra to Caroi (21km)

From Pontevedra you will veer off the Camino Portugués and head west towards the sea. You will follow the coast for a few kilometres to the picturesque coastal village of Combarro, where we've organised lunch at a traditional restaurant. You will then head inland and take a wonderful forest trail to Armenteira Monastery in Caroi where you will be picked up.

You will have time to explore the pretty coastal town of Cambados, Galicia's wine capital, where you will visit a famous Rias Baixas vineyard.

- Lunch at O Bocoí restaurant in Combarro
- Transfer to Parador de Cambados
- Visit to Martin Codax vineyard
- Free time to explore and go for dinner in Cambados

 **Accommodation:**
4-star Parador de Cambados

5 **VILANOVA DE AROUSA**

DAY 5 · MAY 13TH

 Transfer from Parador de Cambados back to trail in Caroi.

 **Walking Stage:** Walk from Caroi to Villanova de Arousa (24km)

Today's walk is relatively easy, descending from Armenteira Monastery in Caroi and taking the group on tracks alongside the rivers Armenteira and Umia.

You will then head towards the coast and your finishing point for today, the coastal town of Vilanova de Arousa, where the group will be picked up and travel back to Cambados.

- Visit to wine cellar and food market
- Dinner at Parador de Cambados

 **Accommodation:**
4-star Parador de Cambados





6 PADRON · DAY 6 · MAY 14TH

 Transfer from Cambados to Vilanova de Arousa

 Boat from Vilanova to Padron

From Vilanova de Arousa the group will take a boat across Arousa Bay and up the River Ulla to the town of Pontecesures. From Pontecesures it is only a short 1.8km walk into Padrón.

The boat trip takes about 1 hours and as you make your way upstream you will be taken past the sights of the river: its mussel farms, the Maritime-Terrestrial National Park, the medieval tower of Catoira and of course the stone crosses on the river banks which mark the Camino route of Mar de Arousa (Sea of Arousa) or Camino Espiritual.

Padrón is a lovely market town on the banks of the River Sar, believed to have been the arrival point of the body of Saint James when it was brought to Santiago de Compostela by boat. It is also home to the famous Padrón peppers and the hometown of celebrated 19th century Galician poet Rosalía de Castro.

- Free time to explore Padrón before dinner
- Show cooking and dinner at Pazo de Lestrove, a Galician manor house

 **Accommodation:** 4-star
Pazo de Lestrove - Superior Collection

7 SANTIAGO DE COMPOSTELA · DAY 7 · MAY 15TH

 **Walking Stage:**
Walk from Padron to Santiago (25km)

Today you will be your last walking day and you have 25kms to go until you reach Santiago. Santiago de Compostela is a gem of a city: small enough to be explored and be discovered on foot but always vibrant and lively. Wander the cobbled streets of its UNESCO-listed old town, go for a stroll in the Alameda Park and discover regional flavours in the local market (Mercado de Abastos) and the many restaurants and bars.

- Celebration dinner at the historic Parador

 **Accommodation:** 5-star
Palacio del Carmen - Superior Collection

8 SANTIAGO DE COMPOSTELA · DAY 8 · MAY 16TH

 **Departing Day**

- Tapas tour and visit to the market





PACKAGE PRICE

PER PERSON SHARING: € 2,200

Number of people on the tour: 14

SINGLE SUPPLEMENT: € 200

(per person based on a maximum of 1 single per 4 twin/double rooms, all remaining singles may be charged at double single supplement or twin rate)

✓ INCLUDED:

- 7 nights accommodation in Superior Collection hotels, including breakfast
- Dinners and activities as per itinerary
- Packed lunch
- Luggage transfers
- Airport transfers
- Trailhead transfers as per itinerary
- Holiday pack with practical route information
- English speaking guide for the group

✗ NOT INCLUDED:

- Flights
- Travel insurance
- Beverages
- Any other services not stated in the itinerary
- City tax (directly payable to the hotels by guests)

*Please note final itinerary might be subject to last minute changes



TERMS & CONDITIONS



PRICES / DEPOSITS

A deposit of €150,00 per person is required to secure the trip before Christmas. A second deposit of €250,00 is required to be paid by the end of January 2020 to reconfirm that you wish to participate on the tour (non-refundable*).

The Full payment will be due 2 months before departure. We can accept Visa, Mastercard and Pay-pal as well as bank transfers. We require that clients include their name and reference code on bank transfers or in any other form of payment.

*Details are subject to change depending on availability

Name of Bank:

AIB Allied Irish Banks
Grafton Street,
Dublin 2,
Ireland

IBAN: IE27AIBK93104740346091

Swift: AIBKIE2D



COMPLAINTS

Issues with services must be brought to the attention of Greenlife Tours at the time of occurrence, in order to give both the supplier and Greenlife Tours the opportunity to resolve the issues. We cannot entertain any complaints or requests for compensation if issues are not raised with Greenlife Tours at the time of occurrence.

All issues with accommodation must be raised with the reception desk at the time in order to allow the hotel to provide a remedy on the spot.



LUGGAGE

Our price includes luggage transfers on the walking days, each transfer is strictly limited to **ONE 20KG PIECE OF LUGGAGE PER PERSON** regardless of size.

Extra luggage can be added on the spot for a supplement and on request. Immediate payment is required.



THANK YOU

CAMINO
WAYS.COM 

CANARIA
WAYS.COM 

FRANCIGENA
WAYS.COM 

IRELAND
WAYS.COM 

FOLLOW US



grouptours@greenlifetours.com