



GET OUT THERE

No matter what kind of outdoors events you're into, there's one with your name on it this summer. Here are three great ones

CaminoWays.com Walking Festival 2015, July 25

Taking place in Laragh, Co Wicklow, to celebrate St James's Day, this festival will offer three guided walks to accommodate people of all fitness levels. Choose from a 13km guided trail, an 8km trail or a family-friendly nature trail. Participants can look forward to prizes, a giant paella and music from Galician singer Susana Garrido. caminoways.com

Ironman 70.3 Dublin, August 9

General entry to the first Ironman 70.3 Dublin sold out within a few hours last November but for those keen to take part, homeless charity Focus Ireland has 12 coveted individual entries and one team place up for grabs. Tickets for individuals are €75, each with a €1,500 fundraising ask, and the relay team ticket is €100 with a €1,800 fundraising ask. Ironman 70.3 Dublin will consist of a 1.2-mile swim in Dun Laoghaire, a 56-mile bike course through the centre of the city and on to the countryside west of Dublin, and then a 13.1-mile run in the stunning Phoenix Park. Contact Suzanne McCabe at 01-8815916. events@focusireland.ie; focusireland.ie

Great Pink Run, August 29

Taking place in the gorgeous Phoenix Park, Dublin, this event offers both 5km and 10km distances. The aim is to raise lots of money to fight breast cancer and to have lots of fun in the process. And to do it all dressed in pink. Each runner will receive a goody bag after the race. This event may be a way off yet, but places fill up fast. breastcancerireland.com/greatpinkrun

To have your event listed, email editor@outsider.ie



**The CaminoWays.com
Walking Festival: July 25**



Ironman 70.3 Dublin: staged on August 9