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NEWS

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53 DEGREES NORTH TO HOLD MONTHLY CAMINO TALKS

Retailer 53 Degrees North will host a Camino talk on the last Tuesday of each month in Dublin and the last Wednesday of each month in Cork. Each talk will cover a different aspect of the Camino and appeal to the

various travellers, trekkers and cyclists that wish to experience this famous pilgrimage walk. The talks will be given by Roland Monsegu of Camino Ways and expert advice will be provided by staff on the night. To find out more about the talks sign up to 53 Degrees North's newsletter at 53degreesnorth.ie

NEW BIKE TRAILS AT ROSTREVOR

New bikes trails will open in Rostrevor in 2013. The trails will offer more than 25km of cross-country and two downhill trails. A local mountain bike guide service will be offered by Cloughmor Extreme, tel. +44-7706-875394; email: info@cloughmorextreme.com

AWESOME WALLS AWARDED PRIMARY NATIONAL CENTRE STATUS

Awesome Walls has been awarded the Primary National Centre status by NICAS. The centre will be rolling out a comprehensive series of courses including the National Indoor Climbing Award. This scheme